

# Heartland Warrior

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Serving the men and women of the 434<sup>th</sup> Air Refueling Wing, Grissom ARB, Ind.

## 434th CES gives Kunsan facelift

By SrA. Ben Mota  
*Public Affairs staff*

Air Force Reservists spend a minimum 38 days training and preparing to defend the nation, but any time the training can be accomplished while helping improve ongoing missions, well that's just a bonus.

Members of the 434<sup>th</sup> Civil Engineering Squadron gave the Air Force that bonus when they deployed to Kunsan Air Base, Korea recently.

Engineers performed two two-week rotations at Kunsan, located on the peninsula's southwest coast 109 miles south of the demilitarized zone.

The base is within easy reach of North Korean weapons capable of delivering chemical munitions.

"This mission put us into a theater of war," said Senior Master Sgt. Chuck Gill, operations superintendent. "When we went there we went with full battle rattle because it still has a potential for attack."

Kunsan was one of the many bases scheduled to close down, but the United States saw a growing need for the base and decided to keep it.

"The base is in desperate

need of services since it was neglected for so long," said Sergeant Gill. "It has an aging infrastructure that provided areas of training for each specialty in civil engineering."

One of the major achievements of the deployment was the installation of an emergency

backup generator in the water treatment plant, Sergeant Gill said.

The installation of the generator, and increased the water plant electrical capacity 300 percent.

During the two rotations 122 work orders were completed, while at the same time providing

opportunities to complete over 750 upgrade training tasks.

"All in all, the mission itself was a success," he said. "It was a win win situation. We got the training and experience we needed and the base received much needed assistance."



*Photo by Staff Sgt Ave Pele-Sizelove*

### **Smoke!**

Members of the 434th Security Forces Squadron race into a field covered with yellow smoke during a weapons competition course set up at Fort Lewis, Wash., July 23 for Air Mobility Rodeo 2007. Grissom's team competed against security forces from around the world at Rodeo 2007. For a closer look, turn to pages 4 and 5.

# Driving drowsy: It's just not smart

**By Tech. Sgt. Larry Carpenter Jr.**  
*92nd Air Refueling Wing*

FAIRCHILD AIR FORCE BASE, Wash. — After a long day at work, you are too excited to wait an additional day before going on vacation or heading home. It's your time, so why should you waste it?

You load up the car, fill up with gas and hit the road; the drive's only a few hours. The drive begins as planned. You make it to the highway, bring your car up to speed and then hit cruise control.

During the drive, you feel a little drowsy so you sip on an energy drink and press on. Next thing you know, you're waking up, but not in your bed. You're still behind the wheel.

You watch yourself drive through a turn and into a field, the car spinning and grass flying up all around, before the car comes to a stop just shy of a 15-foot drop into a creek.

After I stopped screaming and pried my white knuckles off the steering wheel, I assessed the situation.

This was my story in 2001 as a young senior airman, looking forward to weekend drives from Oklahoma to East Texas to see my girlfriend. Luckily, I was able to walk away with nothing but a bruised ego and a banged up car. My passenger was also unhurt. Many people aren't so lucky.

*"We all need to make sure that the people around us are aware of the dangers of driving drowsy..."*

According to the U.S. National Highway Traffic Safety Administration, driving drowsy is just as dangerous as drinking and driving. Each year, roughly 100,000 police-reported crashes are the direct result of driver fatigue. This works out to be an estimated 1,550 deaths, 71,000 injuries and \$12.5 billion in monetary losses.

Those numbers sound staggering but most safety officials claim they may be low because it is difficult to attribute automobile accidents to sleepiness.

When an individual has been awake for at least 18 hours, research shows that it impairs the body equal to a blood alcohol concentration of .08, and .10 after 24 hours; in the U.S., .08 is

considered legally drunk.

As NCOs, it's important to pay special attention to our younger Airmen. According to the Children's Hospital of Philadelphia Web site, young people 16 to 29 years of age are the most likely to be involved in crashes caused by the driver falling asleep.

We all need to make sure that the people around us are aware of the dangers of driving drowsy, and take proper precautions.

It's extremely vital to ensure our Airmen, as well as ourselves, have the proper amount of rest before starting any drive, and if we feel sleepy, to do

the right thing and pull over. Get some fresh air, stretch or take a nap. Do whatever it takes to make sure we are safe on the road.

Take it from me, driving drowsy is just not worth it. (AFPN)

## Sleepy signs

According to the National Safety Council, the following are some symptoms of driver fatigue:

- Eyes closing or not focusing
- Persistent yawning
- Irritability and restlessness
- Wandering thoughts
- Inability to remember driving
- Drifting between lanes
- Burning eyes

## Travel Tips

Below are safety tips that can keep drivers safe:

- Maintain a regular sleep schedule
- When the signs of fatigue appear, get off the road
- Take a nap in a well-lit area
- Share driving responsibilities
- Begin the trip early
- Keep the temperature cool
- Stop every two hours to stretch and exercise

(*Facts and tips courtesy National Safety Council.*)

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# Eagle Eyes calls all to watch, report, protect

As a result of the terrorist attacks in 2001, the Air Force implemented an antiterrorism program called "Eagle Eyes," which is run by the Air Force Office of Special Investigations.

Much like a neighborhood watch program, the Eagle Eyes program is an aggressive Air Force-wide neighborhood watch program that educates people on observable activities and what to do if they see something suspicious.

The motto for Eagle Eyes is watch, report, and protect.

"Eagle Eyes enlists the help of base personnel whether active duty, reservist, family members, or, civilian contractors and the civilian communities surrounding the base to remain vigilant and keep their eyes

and ears open to any suspicious activities," said Grissom Special Agent Terry Bodkin, AFOSI Detachment 101 resident agent-in-charge.

The lessons learned in the federal law enforcement and intelligence communities from the terrorist attacks played a key role in the development of Eagle Eyes.

"Of most importance, we learned that every terrorist act is preceded by observable activities. These activities usually include surveillance, elicitation for information, tests of security, acquiring certain supplies, a dry run — practicing the terrorist act, and deploying the assets to commit the act," said Agent Bodkin.

OSI agents are out on the streets on a daily basis

briefing Eagle Eyes information not only to the base community, but also to local vendors and companies that may be of interest to a terrorist.

"When the community is aware of pre-attack indicators, they can play a vital role in deterring a potential attack," he said.

Once a potential indicator is observed, it is reported to OSI through various channels. OSI then investigates the reported activity.

"Through education, we believe many incidents can be easily avoided," said the special agent. "Simple things like not leaving valuables, such as your military identification, military uniforms, or deployment gear in your vehicles can prevent a potential terrorist

activity from occurring."

But because law enforcement officials, to include OSI special agents, cannot be everywhere at all times, Eagle Eyes relies on everyone.

"The Eagle Eyes program relies on you to remain vigilant," stated Agent Bodkin. "Only you know your neighborhood. Only you know your workplace. Please continue to remain cognizant and continue to Watch, Report and Protect."

To report suspicious activities please call the Grissom law enforcement desk at (765) 688-2677 / 3385 or call Agent Bodkin at (765) 688-3980 during duty hours or at (765) 461-4601 anytime. (*Courtesy AFOSI Detachment 101*)



*Photo by Staff Sgt. Mark Orders-Woempner*

## **Rock 'n' Roll**

Staff Sgt. Josh Moermann, 434th Civil Engineering Squadron heavy equipment specialist, drives a grader to smooth the surface of what will become a road in the munitions storage compound here August 5. The road is being built to allow for better access to the munitions storage facility for both transport and emergency vehicles.

# SFS SHOWDOWN GRISSEY COPS TAKE ON

By Tech. Sgt. Doug Hays

*Public Affairs staff*

**S**easoned by months of training and preparation, members of the 434<sup>th</sup> Security Forces Squadron saddled up and headed west for Air Mobility Command Rodeo 2007 recently.

The team, consisting of 1<sup>st</sup> Lt. Paul Hayes, Staff Sgt. Nate Salvagni, Senior Airman Ryan Monahan and alternate Senior Airman Richard Rinella, hit the ground at McChord AFB, Wash., running...and firing.

The team competed in three events, combat tactics, combat endurance, and combat weapons.

Combat tactics required the team to demonstrate the ability to execute a close-in security plan for mobility aircraft parked at a simulated austere airfield.

Combat endurance pitted participants against 23 obstacles on a 2 kilometer course followed by a cross-country run.

Combat weapons tested the team's ability to engage targets over rough terrain using both the M-874 shotgun and M-9 pistol. The course included both pop-up and steel targets.

"We just tried to represent the unit well and put on a good show," said 1<sup>st</sup> Lt. Paul Hayes, team chief.

The team did do well, but didn't win the competition.

More than 40 teams and 2,500 people from the Air Force, and Air Force Reserve, as well as allied nations, participated in the largest Rodeo event to date.



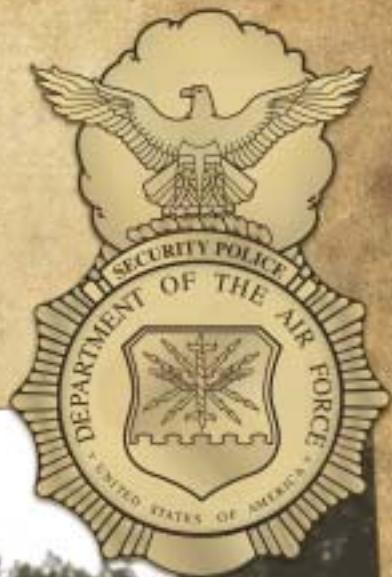
1<sup>st</sup> Lt. Paul Hayes and Staff Sgt. Nathan Salvagni, 434th Security Forces Squadron, do push-ups after completing the Air Mobility Rodeo 2007 weapons competition course as an example of teamwork and camaraderie. (Photo by Staff Sgt Ave Pele-Sizelove)

**LEFT:** 1<sup>st</sup> Lt. Paul Hayes, 434th Security Forces Rodeo team chief, makes his way through the low-crawl obstacle during the Air Mobility Rodeo 2007 weapons competition course set up at range 20, Fort Lewis, Wash., July 23. Rodeo is a readiness competition of U.S. and international air mobility forces. It focuses on improving warfighting capabilities. (Photo by Staff Sgt Ave Pele-Sizelove)

**RIGHT:** Senior Airman Ryan Monahan, 434th Security Forces Squadron, provides security for his team and simulated local nationals during a tactics competition at Rodeo 2007, July 24. (Photo by Airman Jonathan Olds)



# N: N RODEO



RIGHT: Staff Sgt. Nathan Salvagni, 434th SFS, fires a M9 handgun in the kneeling position during a Rodeo 2007 weapons competition course set up at range 20, Fort Lewis, Wash., July 23, 2007. (Photo by Staff Sgt Ave Pele-Szelove)





Photo by Staff Sgt. Mark Orders-Woempner

## Lock 'n' load

Don Nelson, Grissom Community Council vice president, discusses the functions of the M-9 handgun with Master Sgt. Chet Nance, 434th Security Forces Squadron combat weapons instructor, as Judy Nelson, Don's wife, looks on. The two participated in a civic leader event at Grissom August 4 meant to educate the community about Grissom and the Air Force.

## UTA items

**Lodging** is open 24 hours a day during the primary unit training assembly and from 6 a.m. - 10 p.m. on alternate unit training assemblies.

**The fitness center** is open from 6 a.m. to 8 p.m.

**The dining facility** troop feeding hours on Saturday are 6-7:15 a.m. for breakfast; 11 a.m. - 1 p.m. for lunch (12:30 p.m. on the alternate); and 4:30-5:30 p.m. for dinner.

On Sunday the hours are 5:45-6:45 a.m. for breakfast, and 11 a.m. - 1 p.m. for lunch (12:30 p.m. on alternate).

Box dinners for the Sunday evening meal must be ordered by the Sunday

breakfast, and must be picked up by 4:30 p.m. on Sunday.

**The 434th Aerospace Medical Squadron's immunization clinic** is open on Saturday from 8:30 - 11:30 a.m. and 1-3:30 p.m.

**434th Security Forces Squadron Pass and ID** is open from 9 a.m. to 3 p.m. on Saturday of the primary UTAs.

**Upcoming UTAs:** Primary UTAs are Sept. 8-9 and Oct. 13-14.

Alternate UTAs are Sept. 22-23 and Oct. 20-21.

**Worship services** are held in building 596, Room 116.

During primary unit training assemblies, Protes-

tant services are Sunday at 11 a.m. with Catholic worship services at 12:15 p.m.

**Exchange:** The base exchange is open from 11 a.m. to 5 p.m. weekdays and from 9 a.m. to 5 p.m. Saturdays of the main and alternate UTAs and from 10 a.m.-4:30 p.m. on Sundays of the main and alternate UTAs.

## Booms wanted

The 434<sup>th</sup> Operational Support Squadron is looking for senior airmen or staff sergeants with their five-level who would be willing to cross train into the in-flight refueling technician career field.

Those who are interested should contact Senior Master Sgt. Paul Houser at (765) 688-3441.

## Celebrate faith

Grissom will hold its annual Celebration of Faith during the September unit training assembly.

The event will coincide with the family appreciation day Sept. 8.

This year, the production "And He Came Knocking," will be featured.

The event is open to all faiths.

In addition, if anyone is interested in participating in the program, they can get signed up by contacting Senior Master Sgt. Linda

**Heartland Warrior**

## News Briefs

Mason at  
linda.mason@grissom.af.mil,  
or Master Sgt. Trudy  
Burnett at  
trudy.burnett@grissom.af.mil.

### Deserving Airmen

There will be a deserving Airman commissioning board convened on Sept. 9 to select a qualified candidate to fill a potential vacancy in the 434<sup>th</sup> Civil Engineering Squadron.

If you are interested in meeting the board, provide the following to the 434<sup>th</sup>

Military Personnel Flight by Sept. 8.

- Resume
- AFOQT scores or date scheduled to test
- Cover letter to the commander
- College transcript

For questions, call Master Sgt. Herb Helms at (765) 688-3914.

### TRICARE revised

TRICARE Reserve Select, a health insurance plan offered by the insurance company for Reserve and Guard members will

undergo major changes starting Oct. 1. The changes include:

- One standard payment for all members instead of the three-tier system
  - Single premiums of \$81 per month.
  - Family premiums of \$253 per month
  - Expanded survivor coverage
  - Continuously open enrollment
- Due to the changes, current members of the old three-tier system must renew their coverage if they

want it to continue past Sept. 30.

For more information visit [www.tricare.mil](http://www.tricare.mil).

### New gate hours

To better meet operational needs, the west gate will be open with new hours for the primary and alternate UTAs. The hours are as follows:

- Saturday from 6 a.m. to 7:45 a.m. and 4:15 p.m. to 5:15 p.m.
- Sunday from 6 a.m. to 7:15 a.m. and 3:45 p.m. to 4:45 p.m.

## In the limelight

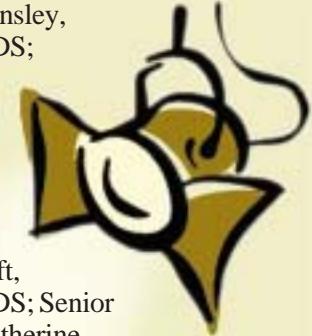
### Medals

#### Air Force Achievement Medal—

Maj. Katherine Whitaker, 434th Aerospace Medicine Squadron; Maj. Craig Wisler, 434th AMDS; Maj. William Bray, 434th AMDS; Master Sgt. Lori Wittke, 434th AMDS; Master Sgt. Dean Keller, 434th AMDS; Tech. Sgt. Michael Dardini, 434th AMDS; Master Sgt. Allen Bridgeman, 434th AMDS; Staff Sgt. James Szczesny, 434th AMDS; Master Sgt. Robert Summers, 434th AMDS; Master Sgt. Margaret Wallace, 434th AMDS; Tech. Sgt. Marjorie Trittipo, 434th AMDS; Master Sgt. Shawn Sandridge, 434th AMDS, Master Sgt. Karen Scholz, 434th AMDS; Capt. John Kutcka, 434th AMDS; Staff Sgt. Damon Spradlin, 434th AMDS; Airman First Class Erica Suchovsky, 434th AMDS; Maj. Gregory Pinnell, 434th AMDS; Master Sgt. Edward Lampa, 434th AMDS; Staff Sgt. Nicole Nadasky, 434th AMDS; Senior Airman Brian Murphy, 434th AMDS; Maj. Rita Mullen, 434th AMDS; Master Sgt. Jennifer Meadors, 434th AMDS; Tech. Sgt. Rebecca Mattox, 434th AMDS; Tech. Sgt. Bradley Marcum, 434th AMDS; Lt. Col.

Scott Phillips, 434th AMDS; Col. Christopher Nixon, 434th AMDS; Chief Master Sgt. James Teeter, 434th AMDS; Lt. Col. Brian Preston, 434th AMDS; Tech. Sgt. Nancy Johnson, 434th AMDS; Staff Sgt. Joyce Royston, 434th AMDS; Staff Sgt. Rachel Rodeghero, 434th AMDS; Senior Airman Jon Roberts, 434th AMDS; Chief Master Sgt. Susan Rakow, 434th AMDS; Senior Airman Katie Kleefisch, 434th AMDS; Master Sgt. John Kidder, 434th AMDS; Capt. Daniel Kennedy, 434th AMDS; Master Sgt. Lisa Keller, 434th AMDS; Senior Airman Taiesha Jones, 434th AMDS; Senior Master Sgt. Brenda Krause, 434th AMDS; Tech. Sgt. Steven Kulik, 434th AMDS; Staff Sgt. Christin Rudell, 434th AMDS; Master Sgt. Julie Holt, 434th AMDS; Master Sgt. Leana Himes, 434th AMDS; Master Sgt. Douglas Hensley, 434th AMDS; Senior Airman Lisa Hendricks, 434th AMDS; Maj. Valerie Hughes, 434th AMDS; Senior Airman Pawel Gieraltowski, 434th AMDS; Staff Sgt. Jason Geiger, 434th AMDS; Master Sgt. Joseph Everett, 434th AMDS; Maj. Marc Estes, 434th AMDS; Capt. Debra Edgerley, 434th AMDS; Master Sgt. Matthew Eastburn, 434th AMDS; Senior Airman Lydia Douglas, 434th AMDS; Senior Master Sgt. Louise

Dietzer-Hensley, 434th AMDS; Senior Airman John Dietz, 434th AMDS; Tech. Sgt. Daniel Craft, 434th AMDS; Senior Airman Katherine Collantes, 434th AMDS; Master Sgt. Jeffrey Castleberry, 434th AMDS; Tech. Sgt. Cathleen Castleberry, 434th AMDS; Staff Sgt. Jodie Cash, 434th AMDS; Senior Master Sgt. Mark Campbell, 434th AMDS; Lt. Col. Linda Campbell, 434th AMDS; Senior Master Sgt. Larry Brady, 434th AMDS; Senior Airman Trisha Best, 434th AMDS; Staff Sgt. Charles Bernardo, 434th AMDS; Capt. Lawrence Bartel, 434th AMDS; Tech. Sgt. Alicia Bartell, 434th AMDS; Lt. Col. Harold Bacchus, 434th AMDS; Staff Sgt. Brittany Arnett, 434th AMDS; Maj. Arden Andersen, 434th AMDS; Master Sgt. George Rebus, 434th CS; Lt. Col. Ricardo Salvat, 434th AMDS; Airman First Class Amanda Delashmit, 434th AMDS; and Senior Airman Jenny Prater, 434th AMDS.



## Celebrating families, Grissom holds picnic

Grissom's annual Family Appreciation Day picnic is scheduled for Sept. 8 on base in the picnic area just behind lodging.

The picnic is a celebration of base personnel and their families.

In addition to 434<sup>th</sup> Air Refueling Wing Reservists and civilian employees, tenant units assigned to the base will also participate.

Sporting events, along with activities such as face painting and childrens games will also take place.

Food for this year's picnic will be provided by the 434<sup>th</sup> Services Flight. The menu will include chicken, hot dogs, salads, baked beans, chips, freeze pops for kids, tea and water. Other beverages will be available for purchase.

Reservists and immediate family members will not be charged for meals, however extended family members and non-family guests will be charged. The prices are



*Photo by SrA. Jon Jones*

Erika Ross, left, and Michaela Kirisits enjoy decorating visors during last year's Family Day Picnic. Erika is the daughter of Master Sgt. Ralph Ross, a member of the 434th Security Forces Squadron, and Michaela is a friend of the family.

\$1 for a child and \$3 for adult. Food service begins at 11:30 a.m.

More information on the individual events and schedules are listed below.

### Information fair

An information fair will be held in the base dining facility from 10 a.m. to 1 p.m. Booths will include

representatives from Disabled Veterans, TriCare and WorkOne as well as others.

### Patchwork pride

A quilt show will also be held in Bldg. 470 and will begin at 9 a.m. This year's theme for the quilt show is "Red, White and True—Patriotism."

### Golf tournament

A golf tournament tees off at noon at the golf course off just off base. For more information, contact Bill Garman at ext. 4712.

### Buy it in bulk

A case lot sale will be put on by the Ft. Benjamin Harrison Commissary in the parking lot near Bldg. 440. A whole truck load of items will be brought. The sale will occur between 9 a.m. and 3 p.m.

### Wheels of wonder

The annual family day car show will be held from 11 a.m. to 3 p.m. will be held outside Bldg. 440. Those who wish to display their car, motorcycle or other vehicle should call Dale Ruark at ext. 2003.

### On display

There will be a KC-135R Stratotanker on display in an area cordoned off between the aircraft docks.

## Events schedule: Don't miss out

### For the adults

#### Fun run

- For adults only; begins at 8 a.m.

#### Fitness walk

- For adults only and will begin at 8:30 a.m.

#### Tricycle race

- For commanders only and will begin at 11:30 a.m.

#### Horseshoes

- Consists of teams of two and begins at 1 p.m.

#### Basketball

- Games and free-throw contests start at 1 p.m.

#### Volleyball

- Games begin at 1 p.m.

#### Tug-of-war

- Squadron tug-of-war will start at 2 p.m. Adults only please.

#### Kid fun

##### Egg on spoon race

- First spoon race starts at 1 p.m. and one begins every 15 minutes after until 2 p.m.

##### Hula hoop contest

- First event starts at 1:15 p.m. and one begins every 15 minutes after until 2:15 p.m.

##### Plastic softball throw

- First throw starts at 1:30 p.m. and one begins every 15 minutes after until 2:30 p.m.

#### Balloon toss

- First toss starts at 1:45 p.m. and one begins every 15 minutes after until 2:45 p.m.

#### Other activities

- Bouncing castles, water slides and a craft tent will be open from 11 a.m. to 3 p.m.

#### Fun for all

- A dunk tank will be set up between the fire trucks and the first aide station.

- The Grissom Air Museum, just off base, will be open with a reduced price. For those 7 and up, admission is \$1. Under 7 get in free.